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Narayana Health deploys AI-based technologies at preventive health screening centre Aarogyam

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Combines cutting-edge diagnostics with fast-track health assessments



Narayana Health has announced the formal launch of Narayana Aarogyam, a preventive screening initiative designed to empower individuals through early detection and personalised health tests. Located in Bengaluru's tech corridor at Prestige Tech Park, Kadubeesanahalli, Aarogyam targets young working professionals with streamlined 90-minute checkups, advanced diagnostic tools and four customizable wellness packages.

The Aarogyam centre is equipped with the latest artificial intelligence (AI)- enabled cardiac CT Scanner, which offers ultra-low radiation AI-enhanced imaging for heart health.

DEXA Scans are available for precision bone density analysis to detect osteoporosis risks. The centre is also equipped with Advanced 3D Mammograms that offer high-resolution breast cancer screening. The key highlight of our screening is that there is No Need For Fasting for any of these tests, keeping patient convenience on top of mind.

Aarogyam provides tailored health packages for different age groups:

- Vital Care:Comprising gut health, thyroid and baseline metrics for people below 35 years of age.
- Prima:Heart, liver and lung screenings for those in the 35-40 years age group.
- Enhanced:For cancer risk profiling to people between 35 and 40 years.
- Comprehensive: Our most advanced package for all under 40 years that includes whole body diagnostics along with chronic disease markers.

Dr Devi Shetty, Chairman of Narayana Health, stated, “Aarogyam redefines preventive care by merging clinical excellence with accessibility. It is important for healthy individuals with fast-paced lifestyles to prioritise preventive health screenings. Our goal is to shift healthcare from reactive treatment to proactive wellness, ensuring that early intervention becomes a lifestyle norm.”