BioSpect
the business of Bi
24 years of leveraging the business of Bio
www.biospectrumindia.co

Ayurveda Attracts US Students to India

26 October 2017 | News

Ayurveda Attracts US Students to India The visit to Punarnava was as part of a global tour to expose students to other systems of medicines that are in practice across the world.

Ayurveda, regarded as the mother of all medical sciences in the world, is increasingly attracting educated Western citizens to India, especially youth from the US who have shed their hippy-dippy image and started embracing organic food and lifestyle habits as never before.

A 25-member postgraduate students' team, primarily comprising of US nationals, had their first exposure to the ancient healthcare tradition that has been practiced in India for 5,000 years at Sukhayus, a heritage wellness retreat at Fort Kochi, India by Punarnava Ayurveda Hospital, the globally acclaimed Ayurveda curative brand from India that has catered to thousands of patients from across the world during the last 25 years.

The student tour was coordinated by Dr. Jaime Llambias-Wolff, Associate Professor at Division of Social Science, York University, Toronto and the group comprised of postgraduate students from various US universities. The visit to Punarnava was as part of a global tour to expose students to other systems of medicines that are in practice across the world.

Dr. Jaseela Anvar, BAMS, MS, Medical Director of Punarnava Ayurveda led the scientific sessions on Ayurveda, she introduced students to the basics of Ayurveda, explained how it works in curative and wellness perspectives. Delegates actively participated in the sessions to better understand the Ayurveda approach towards managing various lifestyle disorders, degenerative autoimmune diseases and developmental delay in children. Students were exposed to Panchakarma process with the support of a live demonstration. A team of specialist doctors and researchers at Punarnava addressed their specific queries on Ayurveda, Yoga, and Naturopathy as well.

"Ayurveda has influenced the origin and evolution of many other traditional systems of healing in the world. A precise blend of Ayurveda and other interdisciplinary sciences along with modern diagnostics can work wonders in the management of many degenerative and auto-immune spectrum of disorders," said Dr. A.M. Anvar, Chairman and Managing Director of Punarnava Ayurveda.

"The recent years have witnessed an increased influx of students of Ayurveda from various countries especially the West and many of them are from reputed medical universities. This is a definite indication towards the widening acceptance for Ayurveda globally, and we are considering a global roadshow to take Ayurveda to more countries as part of our silver jubilee initiatives," said Dr. A.M. Anvar.