

A new system for visual pain communication

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With more advanced analysis tools it will give scientists access to the immense amounts of anonymized data that the app collects globally for research purposes.



Danish researchers have developed a system that lets you visually draw your pain using an app on your phone. Doctors can then study your symptoms as images or video, saving time and improving treatment.

A new app and web platform called Navigate Pain helps you register types, intensities, and areas of pain every day by simply drawing over sketches of the human body.

The platform was initially created in the Department of Health Science and Technology at Aalborg University. It was first intended as a research tool since there was previously no way of mapping the progression of pain.

With the help of Aalborg University the app has since been tested in more than 60 clinics, hospitals and research settings all around the world and is now ready for commercial use. This week Aglance Solutions launched a website where clinics can sign up for Navigate Pain. The dedicated web platform optimized for use in health clinics will be in use by summer this year.

Apart from being a useful tool in consultations and treatment, Navigate Pain's new web platform will also have important features for health clinics such as business intelligence, comprehensive statistics and automatic documentation of cases and treatments.