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# Posha Healthtech: Bridging the Gap Between Hospital Care and Recovery at Home

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**With patient recovery increasingly extending beyond hospital walls, Posha Healthtech is developing digital solutions to strengthen communication between doctors, patients and family caregivers. Through its caregiver-centric platform, the Mumbai-based startup aims to improve treatment adherence, support recovery monitoring and enable continuity of care beyond clinical settings.**



**Problem**

Patients often face challenges in managing medication schedules, monitoring symptoms and following medical instructions after leaving hospitals. Family caregivers may lack adequate training, while healthcare professionals have limited visibility into recovery at home. Posha Healthtech aims to bridge these gaps through coordinated digital care.

**Product**

Posha Healthtech has developed Recoup, a digital caregiver engagement and recovery management solution. Its ecosystem includes personalised recovery plans, patient and doctor applications, remote monitoring, medication reminders and caregiver guidance, helping hospitals extend clinical support beyond discharge.

**Proof**

The company has developed a platform that enables caregivers to record patient symptoms, vital signs and medication adherence while allowing clinicians to review recovery progress through digital dashboards. Its official website confirms hospital pilot testing, although detailed independently verified clinical outcomes are not publicly available.

**People**

Founded in 2024, Posha Healthtech is associated with Dr. Shuchita Deepak, Gagan Deepak and Sinhue Noronha, who are also listed in the company's corporate registration records. The founding team is building technology-enabled solutions focused on patient recovery, caregiver empowerment and hospital care coordination.

**Purse**

No institutional funding round or external investor has been publicly confirmed through the company's official sources. Revenue and other financial performance figures are also not publicly disclosed.

**Plan**

Posha Healthtech aims to strengthen its digital healthcare ecosystem through hospital collaborations, caregiver-focused applications and integration with existing clinical workflows. Its technology is designed to support recovery monitoring, timely interventions and improved communication between patients, families and healthcare professionals.

**Why it matters**

As healthcare delivery increasingly moves towards connected and home-based care, empowering family caregivers is becoming essential. Posha Healthtech's approach could help hospitals maintain continuity of treatment, improve patient engagement and reduce avoidable gaps in post-discharge recovery.

**FAST FACTS**

| Particulars | Details |
|---|---|
| **Company** | Posha Healthtech India Private Limited |
| **Inception** | 2024 |
| **Headquarters** | Mumbai, Maharashtra, India |
| **Industry** | HealthTech / Digital Healthcare |

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|---|---|
| **Founders** | Dr. Shuchita Deepak, Gagan Deepak, Sinhue Noronha |
| **Core Solution** | Recoup – Caregiver Engagement and Recovery Management |
| **Key Focus** | Patient Recovery, Caregiver Support, Remote Monitoring |
| **Funding** | No publicly confirmed external funding |
| **Investors** | Not publicly disclosed |
| **Revenue** | Not publicly disclosed |
| **Website** | posha.health |

Disclaimer: This profile is based on publicly available company information.