

BioSpect

the business of Bio

24 years of leveraging the business of Bio
www.biospectrumindia.com

Dr Karthik Narayan steps in as Chairman of CII Committee on Senior Care for 2026-27

15 July 2026 | News

Appointment comes at a pivotal time for India's senior care ecosystem



Dr Karthik Narayan, Founder and Managing Director, Athulya Senior Care, has been appointed as the Chairman of the Confederation of Indian Industry (CII) Committee on Senior Care for the 2026–27 term, effective from July 2026.

Dr Narayan, a medical doctor trained in geriatrics, started Athulya Senior Care in 2017. He finished a business course in the US, lived there for 10 years, and worked in a hospital's geriatrics department before returning to Chennai.

The appointment comes at a pivotal time for India's senior care ecosystem as the country undergoes one of the world's fastest demographic transitions. According to the Ministry of Statistics and Programme Implementation (MoSPI), India's population aged 60 years and above is projected to increase from around 100 million in 2011 to nearly 230 million by 2036, accounting for almost 15% of the country's population.

This demographic shift is expected to significantly increase the demand for organised senior care, geriatric healthcare, skilled caregivers and long-term care infrastructure.