



BioSpect

the business of Bio

24 years of leveraging the business of Bio
www.biospectrumindia.co

Dr Sangita Reddy steps in as new President of NATHEALTH

27 March 2026 | News

Dr Sangita succeeds Ameera Shah, Promoter & Executive Chairperson, Metropolis Healthcare



NATHEALTH, an apex body representing the Indian healthcare industry, has announced Dr Sangita Reddy, Joint Managing Director, Apollo Hospitals Group, as its new President for FY 2026-2027. Dr Sangita succeeds Ameera Shah, Promoter & Executive Chairperson, Metropolis Healthcare. The announcement was made at the Annual General Meeting held following the 12th NATHEALTH Arogya Bharat Annual Summit 2026.

Joining Dr Sangita in the new leadership team are Himanshu Baid, Managing Director, Poly Medicure, as Senior Vice President, along with Varun Khanna, Group MD, Quality Care India as Vice President. Further extensions to the leadership team will be announced in due course.

As the Joint Managing Director of Apollo Hospitals, she leads Asia's largest and most trusted healthcare group. Furthermore, in India's G20 Presidency, she was appointed Chairperson of G20 Empower India and was the former President of The Federation of Indian Chambers of Commerce and Industry (FICCI). Additionally, she is the Chairperson of the BRICS Women's Business Alliance, India.

As a founding team member of Apollo Hospital, Dr Sangita Reddy has been a driving force behind numerous groundbreaking initiatives and has been fervently determined to revolutionize the healthcare system by utilising cutting-edge technology, thus enabling universal access to healthcare.

The leadership transition comes at a critical juncture for India's healthcare sector. With healthcare receiving renewed national focus as reflected in the Union Budget for FY 2026–27 and the continued emphasis by Prime Minister, Narendra Modi on strengthening health systems, the role of NATHEALTH as a key convening platform for the healthcare ecosystem has become increasingly pivotal.