

Commitment to Mental Health and Trauma Care

01 February 2026 | News

NIMHANS-II will be set up for mental health in North India



With a commitment to mental health and trauma care, the Finance Minister during the Union Budget 2026-27 announced that NIMHANS-II will be set up for mental health in North India, while the National Institutes of Mental Health at Ranchi and Tezpur will be upgraded to regional apex institutions.

Along with this, a provision has been made to increase the capacity of emergency services in district hospitals and increase the emergency care centres and trauma care centres by about 50 percent. According to this year's Union Budget, a robust care ecosystem will be created encompassing geriatric medical and allied care services. One and a half lakh care service providers will be trained in the next few years.

"We appreciate the reaffirmed commitment to mental health and trauma care through the proposal to establish NIMHANS-2, upgrade apex mental health institutions in Ranchi and Tezpur, and expand emergency and trauma care capacity by 50% in district hospitals through dedicated centres."

Dr Prathap C Reddy, Chairman- Apollo Hospitals

"Mental health services in Western India require urgent attention, and the expansion of NIMHANS 2.0 can help fill the gap. Emergency and trauma care in district hospitals will also be strengthened for vulnerable populations."

Dr Simon Grant Physician and Trustee, Ruby Hall Clinic Pune

"The proposed NIMHANS-2 and new All India Institutes of Ayurveda further strengthen specialised and integrated care pathways. Initiatives such as district-level day-care cancer centres, a 50% capacity increase in district hospitals through emergency and trauma care centres, and the creation of five regional medical hubs will significantly decongest tertiary hospitals while strengthening emergency care system."

Joy Chakraborty, COO, P.D. Hinduja Hospital & Medical Research Centre