

Mumbai opens first Centre of Excellence for Craniofacial & Temporomandibular Joint Surgery

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Bridges a critical gap in the city's facial and jaw care services with integrated, globally benchmarked diagnosis and treatment



S L Raheja Hospital, A Fortis Associate, has announced the launch of Mumbai's first Centre of Excellence (CoE) for 'Craniofacial & Temporomandibular Joint (TMJ) Surgery', a centre to provide comprehensive and specialised care to patients with structural and functional issues, and injuries in the facial & jaw area.

The newly launched CoE for TMJ Surgery is equipped to manage a wide range of conditions, such as jaw pain and stiffness, jaw locking or clicking, facial asymmetry, craniofacial deformities, cleft lip and palate, facial trauma, jaw cysts & tumours, and facial reconstruction. The centre focuses on applying minimally invasive and precision-based techniques to help restore jaw functionality and alleviate pain while promoting a faster recovery process.

TMJ disorders are most commonly seen among adults aged 20 to 45 years, though they can affect people of all age groups. According to Dr Tofiq Bohra, Head – Craniofacial & TMJ Surgery, S. L. Raheja Hospital – A Fortis Associate, the hospital sees close to 50 TMJ-related patients every month; and this number has been increasing over the years.

The centre offers comprehensive, lifelong care for patients with cleft lip and palate, including surgical repair and rehabilitation from childhood through adulthood. The Multidisciplinary team at the CoE for TMJ Surgery works to restore facial structure and functioning for patients with cleft related conditions, supported by expert dental team. Under the leadership of Dr Bohra, who has completed advanced training for TMJ Mini Residency at University of Maryland, USA - the centre brings together a robust team of oral and maxillofacial surgeons, pain specialists, neurologists, physiotherapists, and speech therapists to deliver comprehensive care that focuses on both function and aesthetics. This multi-disciplinary team will offer a range of services including nonsurgical treatments for pain to complex TM joint reconstruction, supported by advanced 3D imaging and planning.