

Anhad India forays into Bihar with flagship paramedic-assisted digital health centres

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Anhad India, a pioneering rural healthcare initiative under Karma Healthcare Trust, is set to strengthen healthcare access in Bihar with the inauguration of its paramedic-assisted telemedicine health centre in Bajitpur village.

The centre was formally inaugurated by Vijay Kumar Choudhary, Minister for Water Resources & Parliamentary Affairs, Government of Bihar, in the presence of community leaders and stakeholders. This expansion is supported by SwissRe Foundation as a key partner, underlining their commitment to inclusive and sustainable healthcare delivery.

Anhad India has been working to bridge the rural healthcare gap in underserved regions of India. With a network of nearly 60 technology-enabled, paramedic-assisted telemedicine centers across 11 states and UTs, Anhad India has created a scalable model that integrates digital innovation with community-driven care.

By offering all essential healthcare services, doctor consultations, diagnostics, medicines, and follow-ups under one roof, the initiative ensures continuity of care, preventive health awareness, and direct access to qualified doctors. To date, it has successfully treated nearly 2 lakh patients, with support from its partners, viz., Hyundai Motor India Foundation, Swiss Re Foundation Ray of Hope International Foundation, Ujjivan Small Finance Bank and Innovators in Health (IiH).

Despite notable improvements in health indicators over the years, Bihar continues to face deep-rooted systemic challenges in its healthcare infrastructure, leading to limited access and significant out-of-pocket costs for the communities. The doctor-to-population ratio is 1:2148; which is significantly low than the WHO recommended norm of 1:1000.

Anhad India foray into the state is timely and aims to bridge the healthcare gaps. It complements the state's priorities under Comprehensive Primary Healthcare (CPHC), with the telemedicine centres offering a broader spectrum of care, including general practitioner consultations, specialist consultations, screening and management of non-communicable diseases such as diabetes and hypertension, eye care, and other essential health services.