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India launches first obstetric physical therapy certification series

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Pro Physio partners with American Physical Therapy Association to launch the certificate programme

In a landmark collaboration aimed at transforming allied healthcare education in India, Pro Physio has partnered with the American Physical Therapy Association (APTA) – Academy of Pelvic Health Physical Therapy to launch the Certificate of Advanced Practice in Physical Therapy in Obstetric Health. This marks the first time the prestigious programme is being offered in India.

The initiative is expected to significantly enhance training standards for physiotherapists and allied health professionals in the growing field of pelvic and obstetric care. Developed by global experts, the certification programme is built on evidence-based principles and aims to improve maternal health outcomes across India.

With a network of over 30 centres and more than 200,000 lives touched, Pro Physio is leading efforts to bridge the gap between conventional training and global best practices through skill based, accessible education.

This Obstetric Physical Therapy Series is the first in a line of international collaborations being introduced by Pro Physio, with upcoming programmes in neurorehabilitation, paediatric therapy, and sports medicine. The company's mission is to create a robust ecosystem that supports continuous learning, fosters clinical excellence, and uplifts the standard of care across India.

As India's healthcare sector grows, this partnership stands as a pivotal step in advancing allied health education, building local expertise, and ultimately improving patient care outcomes nationwide.