BioSpectrum
the business of Bi
24 years of leveraging the business of Bio
www.biospectrumindia.co

Karnataka Health Minister Dinesh Gundu Rao inaugurates mental health hospital Amaha in Bengaluru

04 August 2025 | News

Facility offers intensive, trauma-informed, multidisciplinary care for severe mental health conditions



Amaha, a pioneer in India's mental health services and the largest private mental health provider in India for adult and child mental health care, has announced the launch of its first super specialty mental health hospital in Thanisandra, Bengaluru.

Expanding on its presence across multiple outpatient centres in Bengaluru, Mumbai and Delhi, having served over 40,000 clients; this purpose-built facility with 27 beds marks a significant step forward in offering acute, high-quality interventions for individuals experiencing severe psychiatric conditions and acute distress.

Amaha's new facility brings together a large multidisciplinary team of experts, including psychiatrists, clinical psychologists, occupational therapists, psychiatric nurses, social workers, and peer support specialists. The team is equipped to manage a range of psychiatric needs, including trauma, bipolar disorder, schizophrenia, deaddiction, ADHD, treatment-resistant depression, and severe mood disorders.

Speaking at the inaugural event, Dinesh Gundu Rao, Minister for Health and Family Welfare, Government of Karnataka, said, "Mental health is becoming a priority in our public health agenda. Today, it's not just the elderly, young people too are increasingly affected. Rapid societal shifts, academic and career pressures, substance use, digital addiction, and poor sleep are all major contributors. Every school must have access to counselling, and I'm glad the Supreme Court has recognised this need. Specialised care is crucial. Mental health treatment isn't just clinical, it involves emotion, deep analysis, and responsible intervention. Facilities like Amaha's hospital offer intensive, trauma-informed, multidisciplinary care that can truly make a difference. I'm also pleased to share that psychiatric assessments are now part of the 14 core health parameters under Karnataka's public healthcare services."

With this facility, Amaha is setting a new benchmark for mental healthcare in India, one that delivers intensive, inpatient support for complex and lifelong conditions, in a setting built to global standards but tailored for our cultural realities.