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Govt invests Rs 100 Cr to build yoga & naturopathy institute in Assam for NCD management

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Educational trainings for UG, PG & higher research to be conducted in Yoga & Naturopathy



The Union Minister of Ayush and Ports, Shipping & Waterways Sarbananda Sonowal along with the Chief Minister of Assam, Dr Himanta Biswa Sarma laid the foundation stone of the Central Research Institute of Yoga & Naturopathy (CRIYN) along with a 100 bedded Yoga & Naturopathy hospital at Dihing Khamtighat in Dibrugarh, Assam.

The institution will be developed over a land parcel of nearly 15 acres (45 bighas) at an approximate investment of Rs 100 crore, with an aim at bringing a scientifically valid and useful synergy between traditional knowledge of Yoga and Naturopathy and modern tools of technology.

It will establish benchmark standards in education, preventive healthcare and research in the field of Yoga and Naturopathy. This state-of-the-art institute will focus on fundamental aspects, scientific validation of traditional systems of medicine and practices through evidence-based research, apart from functioning as an international collaboration centre for global promotion and research in Yoga and Naturopathy. The institute will also serve as incubation centres in startups in the field of yoga and wellness sector.

The institution will also offer clinical training facilities to train yoga and naturopathy experts for capacity building programmes in areas of cardiac rehabilitation, diabetes rehabilitation, autoimmune diseases and non-communicable diseases (NCDs) risk reduction. With research and development in the protocols of Yoga and Naturopathy, CRIYN will develop evidence-based protocols for management of NCDs that can be integrated with conventional care, reinforcing the integrated medicine approach of patient care.