

## Dr Nachiket Mor joins the board of Sukoon Healthcare

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**A visiting scientist with The Banyan Academy of Leadership in Mental Health, Dr Mor is a thought-leader in health systems design & policy**

Gurugram-based startup Sukoon Healthcare, India's leading inpatient and outpatient psychiatric facility, has inducted Dr Nachiket Mor as an Independent Director on its board.

Dr Mor is leader in health systems design & policy and recently supported the Govt of Meghalaya as part of its Mental Health Policy Drafting Sub-committee. He is also currently a Commissioner on the Lancet Citizen's Commission on Reimagining India's Health System. He was previously the India Country Director for Bill & Melinda Gates Foundation and has also served as a member of the Planning Commission's High-Level Expert Group on Universal Healthcare.

In his earlier avatar, Dr Mor was on the Board of directors of the Reserve Bank of India (RBI) and is widely credited with leading the financial inclusion movement in India.

Highlighting the urgent need for in-patient psychiatric care infrastructure in India, Dr Nachiket Mor, Board Director, Sukoon, said, "While the incidence or population impacted by severe mental health disorders could be considered low – 0.3% for schizophrenia and 0.6% for bipolar disorder - the burden of the disease is quite high, further exacerbated by the inheritability of these conditions. As per the Lancet's 2019 estimations, the burden of mental health disease is larger than respiratory disease, cancer or diabetes and yet India has only around 10,000 clinical psychiatrists treating these disorders. Both in-community & hospital care are required to holistically treat severe mental disorders"