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'Indian women should not delay pregnancy'

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Three years into operations, Nova IVI Fertility (NIF), a subsidiary of Nova Medical Centers, has achieved a significant milestone by clocking 5000 successful pregnancies in just 39 months.

NIF has undertaken a first-of-its-kind initiative with one of the most comprehensive studies with real-time, LIVE data involving over 7000 patients who have or are currently undergoing fertility treatments across all NIF centers in the country.

While the study suggests that a significantly high number of women suffering from infertility are over the age of 31, it also raises concerns that the biggest cause is a poor ovarian response (POR) in women.

According to the study, 68% of women seeking fertility treatments were aged 31 years and above; with a staggering 36% being between 31-35 years and 32% being above 35 years.

The latest study reveals that 30% of women need to depend on donor eggs to get pregnant, simply because they approach an IVF expert at a time when their ovarian reserve is already poor. This is further emphasized by the findings that show treatments involving egg donation account for more than 25% of all cycles.

It has also been noted that over the last three years, Vitrification has emerged as a highly successful technique for preserving and using surplus embryos with pregnancy rates increasing from 32% to 51%.

This accounts for nearly 39% of all cycles. The study also revealed surprising information that a large number of cases can be attributed to male infertility. Today, at least one in four men reportedly suffers from fertility issues i.e., 23% of couples from the sample.