

## ICPA's clinical series throws light on anterior composites

10 May 2022 | News

Dr Nisha Deshpande offers solutions to common challenges faced by dentists in anterior composite restoration procedures



ICPA Health Products hosted its latest interactive online session led by guest speaker Dr Nisha Deshpande on unravelling anterior composites. The 14th episode of the Clinical Series offered simple solutions to common challenges faced by dentists in anterior composite restoration procedures. Dr Deshpande helped decode diastema closures, invisible proximal restorations and simplified class 4 restorations for the participants.

Dr Deshpande advised that shade selection for anterior composites be done before isolation. Further, the doctor also stressed the importance of maintaining a smooth bevel for achieving seamless restoration margins for proximal and class 4 restorations. She also recommended that the last level of composite be cured under a barrier like glycerine gel to completely cure the oxygen inhibited layer. Among other recommendations, Dr Deshpande suggested checking curing light at regular intervals to ensure its efficacy and following proper finishing and polishing protocols in the correct sequence to increase the longevity of restorations.