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# We welcome the government's initiative of a national tele-mental health prog: Future Generali India Insurance

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**Anup Rau, MD and CEO, Future Generali India Insurance**

*"We welcome the government's initiative of a national tele-mental health programme and believe it’s a good starting point to normalise mental health conversations and seek help and access to universal health facilities. As a responsible insurer and a purpose led brand, we strongly believe that mental health is as important as physical health and remain committed towards educating our citizens and creating awareness on mental wellness."*