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Increasing budget allocation for NMHP is the need of the hour: Poddar Foundation

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While increasing the budget allocation for National Mental Health Program (NMHP) is the need of the hour, other overlapping and related sectors such as social welfare schemes (example - NREGA, one-stop centres for survivors of Domestic Violence, scheme for the welfare of persons with disabilities) also require additional funding. The government must set up counselling centres, drive aggressive promotional health campaigns encouraging people to consult with psychologists and psychiatrists as well as invest in community health physicians and public health professionals to strengthen mental health epidemiology and engagement in preventive care.