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Sancheti Healthcare Academy announces Asia's 1st Masters Programme in Expressive Movement Therapy

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Sancheti Healthcare Academy (SHA) has announced the launch of Asia's 1st Masters Programme in Expressive Movement Therapy (dance therapy) fully approved by Pune University. This news comes after five years of relentless effort in building a strong foundation towards developing this course and the awareness about the use of creative art therapies in the healthcare sector.

The use of dance therapy has now widespread application in medical and mental healthcare system. It is also used widely for introducing creative tools in pedagogy and detecting issues in early childhood. Dance therapy becomes an adjunctive tool both for diagnosis and as well as treatment in non intimidating ways to children, adolescents, young professionals, senior citizens, special populations, patients suffering from chronic diseases and prolonged hospitalisation. It allows for effective ways to keep the individual or group motivated and mentally resilient to respond to medical care.

Manisha Sanghvi, ED, Sancheti Group, Institutes, an avid art lover herself, strongly believes, “Our young generation needs much more than just an education and a career, such allied and alternative medical professions will help create stability and resilience in our youth.”

This course offers highest quality education at extremely affordable prices to students. It also prepares India with the much needed army of healthcare professionals who understand holistic healthcare and work the beautiful balance of science and art.

Dr Nikita Mittal, Founder, Life and Dance, and Co-Founder, Masters Programme said, “At SHA we are making it global standards yet affordable to students of our country.”

This course is being conducted with support from Kinections, New York. Kinections is headed by Dr Danielle Fraenkel.