

## Global Hospital opens post-Covid rehabilitation clinic in Mumbai

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Since March 2020, a large number of patients were hospitalised with COVID-19 and as more people survive the disease, there is an increasing need for rehabilitation. Many people with severe COVID-19 infection exhibit physical, cognitive and even psychological symptoms even after leaving the hospital. Keeping in mind, the recovery of these patients, Global Hospital, Parel, has come up with a Post-Covid Rehabilitation Clinic.

This clinic is a boon for patients who have got infected with COVID-19 and still continue to exhibit symptoms, those patients who have recovered from the mild infection of Covid but have been showing symptoms like fatigue, fever, headaches, dry cough, chest pain, upset stomach, muscle pain and weakness, rashes, and even other cognitive difficulties and those who are severely infected with COVID-19 and had breathlessness have been detected with lung fibrosis, Acute Respiratory Distress Syndrome (ARDS), pneumonia, anxiety, depression, brain fog, and post-traumatic stress disorder, and are returning to the hospitals for follow up and treatment. Thus, to assist these patients and focus on their recovery, Post-Covid Rehabilitation Clinic has been initiated by Global Hospital, Parel, Mumbai.

“The multidisciplinary team in the clinic will assess the patients and suggest relevant medication, an appropriate diet and exercise to get back on track. This dedicated clinic will be beneficial for the patients to aid faster recovery,” concluded Dr Vivek Talaulikar, Chief Executive Officer, Global Hospital, Mumbai.