

## Aster DM launches comprehensive Post-Covid care package

29 October 2020 | News

**The package will assist complete and quicker recovery of the patients and is designed considering all COVID patients from mild to severe cases**



Aster DM Healthcare, an emerging healthcare player in India, has launched a comprehensive Post-Covid care package to enable complete recovery and rehabilitation of Covid cured patients. COVID-19 takes a toll on physical and mental well-being, with many patients showing symptoms like breathlessness, fatigue, muscle ache, joint pain/swelling, stress, etc. The Aster Recovery to Rehabilitation package aims at providing the required comprehensive medical & specialised care to such patients. The package will assist complete and quicker recovery of the patients and is designed considering all COVID patients from mild to severe cases.

The patients will undergo a primary evaluation and will be referred to super-specialists (Cardiology/ Pulmonology/ Psychiatrist/ Rheumatology) on the basis of condition and treatment required. The primary evaluation will include Physical Evaluation, Chronic Fatigue Assessment, and a Psychology Valuation. Further, Radiology & Laboratory Investigations (Inflammation, Cardiac, Pulmonary & General health) will be carried out along with a Consultation with the General Physician. They will be also handed a Diet & Physiotherapy Plan to assist them during the recovery.

Commenting on the launch, Dr Harish Pillai, CEO- Aster India said, "After recovering from COVID-19, many patients find themselves enduring the post COVID-19 symptoms. These symptoms mount a challenge in physical and mental well-being and may prevent the resumption of a normal healthy life. The package is designed while keeping in mind the various symptoms COVID-19 patients have displayed and will provide the needed care and assistance in their proper and faster recovery."

Patients can avail the package at any of the Aster DM Healthcare hospitals in India. The patient will be required to call at Aster DM Hospital and place an appointment for their health assessment under the package.