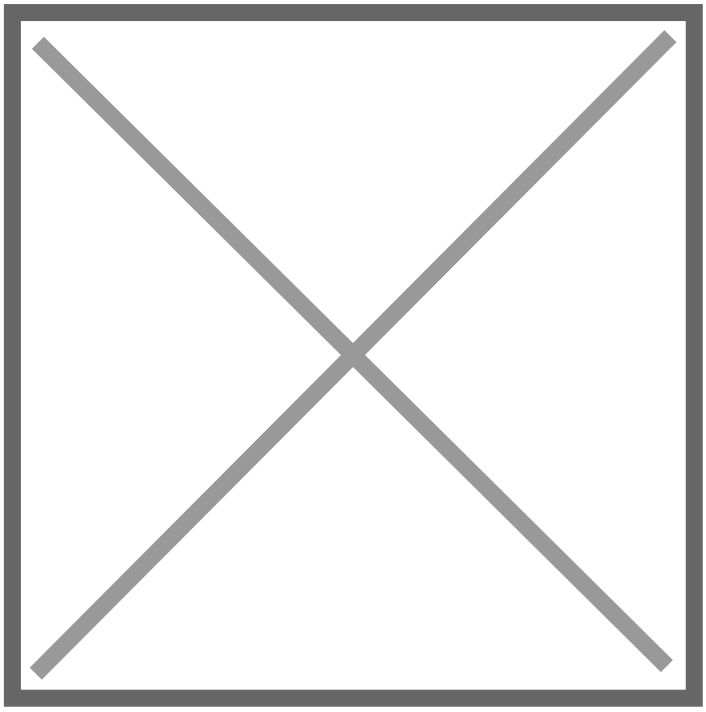
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Study shows positive impact of homeopathic treatment on patients with hypothyroidism

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The retrospective observational study was conducted by Dr. Kalyan Banerjeeâ??s Clinic in Delhi by analysing records of thousands of patients



Early findings from a retrospective observational study conducted by Delhi-based Dr. Kalyan Banerjee's Clinic has shown a positive impact of homeopathic treatment on a significant percentage of patients of hypothyroidism. The study analysed the records of 2,083 patients from 2011 to 2015. It was found that by the fourth visit to the clinic, 35% of patients demonstrated an improvement in their serum thyroid stimulating hormone (TSH) readings.

For the purposes of the study, a catchment period was defined and data of patients with this condition coming to Dr Kalyan Banerjee's Clinic during that catchment period was extracted. Said Dr. Kalyan Banerjee, Founder, Dr. Kalyan Banerjee's Clinic: "The early observations are very interesting. The data seems to indicate that specific homeopathic medicines given to patients were able to improve functioning of the thyroid gland, thereby bringing down the thyroid stimulating hormone readings. This has the potential of reducing – or entirely stopping – the dosage of thyroid hormone replacement in patients. This runs contrary to the understanding that the progression of hypothyroidism cannot usually be controlled. More than one-third of patients of hypothyroidism benefitting from homeopathic medicines is a very significant number, considering that 11% of Indian population suffers from hypothyroidism."

Explained Dr. Kushal Banerjee from Dr. Kalyan Banerjee Clinic: "Hypothyroidism is a common disease and has no resolution in conventional medicine. Our clinic treats thousands of patients regularly who have been reporting improvement in their thyroid function tests after our treatment. We therefore decided that an evaluation of our treatment regimen was in order to confirm what the anecdotal evidence seemed to indicate: homeopathic treatment benefits patients of hypothyroidism. With this study, we hope that research interest will lead to randomised trials using our treatment regimen to provide more confirmation about the efficacy of homeopathic medicines in hypothyroidism."

Added Dr. Kushal Banerjee: "These are early findings, but we encourage all doctors to consider the provision of homeopathic treatment for patients of these conditions. The homeopathic medicines have a proven high safety profile and cause no adverse reactions with any other medicines. They are safe to use. We will be happy to work with specialists in these fields to conduct robust trials and collaborate with research bodies to understand the mechanism of action of these remedies for hypothyroidism."

Doctors at Dr. Kalyan Banerjee's Clinic practice an evidence-based approach and have arrived at specific medicine and potency combinations for specific diseases using the clinical experience of millions of prescriptions over four decades. These specific treatment regimens allow for doctors to be properly trained in prescribing proven effective medicines. If a patient does not respond to the medicines, the doctors know that the second line of treatment needs to be started. Vital time is saved, and doctors assess cases far more effectively than in conventional homeopathy, leading to superior outcomes.