

## Sakra Hospital launches novel shoulder care centre

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**An initiative by Sakra World Hospital to help recuperate and rehabilitate people suffering from Complex shoulder related injuries & problems**



Sakra World Hospital has launched its Shoulder Centre in Bangalore recently. This centre is a one-of-its-kind dedicated specialized shoulder care centre in Karnataka and will offer advanced state of the art surgeries for shoulder and upper limb. Sakra Shoulder Centre is equipped with highly specialized team and will cater to sports injuries from various sporting bodies and organizations and non-sporting shoulder injuries from patients across India.

This centre of excellence is spearheaded by **Dr. Banarji B H, Senior Consultant, Department of Orthopaedics, Sakra World Hospital**. Dr. Banarji, an upper limb orthopaedic specialist surgeon, specializes in shoulders, upper limbs disorder, arthroscopy and sports medicine. He has performed over 3,000 shoulder surgeries, which include highly skilled endoscopic reconstructive procedures like reconstruction of ligaments, shoulder stabilisation procedures and shoulder and elbow joint replacement through keyhole surgeries. Dr. Banarji is the first surgeon in the state to have conducted innovative endoscopic surgeries of shoulder.

“Shoulder is often one of the most integral yet ignored part of the body. It is important to provide due care and attention to shoulder injuries as lack of proper care can cause limb impairment and disability. Sakra Shoulder Centre is a dedicated unit in Sakra institute of Bone & Joint which will perform the most advanced shoulder and elbow procedures and surgeries which is backed with best-in-class surgical and imaging technology and ultra-modern Rehabilitation centre that provides excellent pre and post-operative care for a person’s everyday physical demands, help prevent re-injuries and return to daily activities as quickly as possible,” said, **Dr. Banarji B H**.

The centre offers routine surgical procedures including Endoscopic Reconstructive Procedures, Reconstruction of Ligaments, Shoulder Stabilisation Procedures and Shoulder and Total Elbow Joint Replacement; unique surgical procedures comprising of Arthroscopic AC Joint Repair, Arthroscopic Suprascapular nerve decompression, Arthroscopic Transosseous Rotator Cuff Repair. The centre is equipped with computer navigation system, intraoperative CT scan, high definition cameras, Arthroscopic Equipment for performing technically challenging procedures, cutting edge imaging technologies and a

skeletomuscular rehabilitation facility spanning 7,000 sq. ft.

The Sakra Shoulder Centre was inaugurated by the Professional Armwrestling League President Igor Mazurenko from Poland. It was launched during the occasion of the ongoing Unified Ranking of Professional Athletes (URPA) World Ranking Series, organised by Bulldog Arm-wrestling and Professional Arm-wrestling League (PAL).

“Injuries on the field during a match or practice sessions are extremely common and are known to put a lot of successful careers to rest. Throughout my professional arm-wrestling career and now as a coach, I have always believed in providing the best of medical intervention and rehabilitation to all of our players. I am delighted to see the world-class facilities and expertise at Sakra Shoulder Centre. I am sure, that under the expert care of Dr. Banarji and team, we can be rest assured regarding the quality of treatment provided to athletes and other patients.” said **Mr. Igor Mazurenko, President, PAL.**