

Karnataka's 1st 'heart and lungs' transplant patient makes rapid strides in recovery

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The patient received 'heart and lungs' from a 24yr old male from Bangalore



68 year old retired Central Govt employee from Bangalore who recently underwent 'heart and lungs' transplant at Narayana Health City earlier this month, is presenting speedy recovery.

With this surgery he became with first patient in Karnataka to receive 'heart and lungs' from a single recipient. Within 10 days of the surgery, the patient started speaking effortlessly and by now he has started walking as well. He has become an inspiration to many around him in the hospital.

Speaking about the case Dr. Julius Punnen Senior Consultant, Cardiothoracic and Transplant Surgeon at Narayana Health City said, "Heart and lungs function in tandem to supply and deliver oxygen to the rest of the body, which makes this transplant more complicated than single organ transplant. For this transplant organs were retrieved as a bloc and transplanted to the recipient's body. Such requirements and conditions are rare in our country. The surgery is successful and the patient is responding to the treatment positively"

Dr. Basha Khan, Senior Consultant Pulmonology/Intensive Care and Medical Director-Lung Transplant, Narayana Health City said, "Lung transplant is complicated, risky and the chances of infections are higher and in this case we were doing bloc transplant which made the surgery more complex. The patient was under observation in ITU for few days after the surgery to avoid any complications. The organs were transported via green corridor with the help of Bangalore Traffic Police on 3 Jan 2019."

The heart and lungs retrieval and transplant was performed by Dr. Julius Punnen, Dr. Varun Shetty- Consultant Cardiothoracic and Transplant Surgeon, Dr. Bagirath Raghuraman, Senior Consultant, Program Director Heart Transplant, Dr. Vijay C L, Consultant – Thoracic Surgery, Dr. Govardhan Reddy Associate Consultant – Cardiothoracic Surgery, Dr. Inaythulla Khan, Associate Consultant – Cardiothoracic Surgery. Team of Physicians led by Dr. Basha Khan, Dr. Syed Tousheed - Consultant Pulmonology and Dr. Murali Mohan Senior Consultant – Pulmonology, all at Narayana Health City, Bangalore.

The patient received 'heart and lungs' from a 24yr old male from Bangalore who met with a road accident and was admitted at a city hospital. Doctors declared him 'Brain Dead' and the family consented in the presence of Jeevasarthakathe for organ donation to save many lives.