

Sagar Hospitals launches second branch of diabetes centre

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On the occasion of World Diabetes Day, Bengaluru-based multi-specialty hospital, Sagar Hospitals launched its second branch of **Sagar centre for Diabetes and Endocrinology**, a dedicated centre to provide end-to-end solutions for all diabetic and pre-diabetic conditions. The centre was inaugurated by **Dr Arun Vadavi**, a prominent Diabetologist in Bangalore, at their Banshankari unit.

The clinic is positioned as a centre of excellence for diabetes and endocrine care. It is equipped with a highly trained, experienced and dedicated team of doctors, specialized dieticians, educators, and nurses trained to attend to diabetes patients.

Inaugurating the centre, **Dr Arun Vadavi** said, *"Diabetes is a complex health condition where symptoms differ from person to person and so does the diagnosis. The greatest problem facing them is lack of proper medical care and awareness among public. India is home to over 72 million people with diabetes mellitus and the number is increasing by the minute. I am glad to have been part of such an initiative and hope that people will be benefitted with the services being delivered, at Sagar Hospitals."*

Commenting on the launch, **Ishiqa Multani, Executive Director, Sagar Group of Hospitals** *"We are happy to launch our second comprehensive care unit for Diabetes and Endocrinology on World Diabetes Day, that will provide complete solutions and personalized care under one roof. Having a specialized and advanced centre in the segment will help people access the right treatment available near them and recover better. At Sagar, our aim is to provide the care for healthy ageing and living."*

The number of people with diabetes in India has gone up from 26 million in 1990 to 72 million in 2017, with the prevalence of diabetes in adults aged 20 years or older. India currently represents 49 percent of the world's diabetes burden, a figure expected to almost double to 134 million by 2025. Diabetes can affect every organ of the body and there are many complications that one might develop, such as cardiovascular disease, nerve damage (neuropathy), kidney damage (nephropathy), eye damage (retinopathy) and foot damage among many others.

"The increase in diabetes occurrence across India is not just indicative of an ageing population. Lifestyle changes linked to an increase in wealth are impacting all age groups. The core treatment facilities available at the centre will address all kinds of diabetic complications and also have a team comprising of specialists from different faculties, to provide an all-round care for patients of all ages.", said **Dr Shobha Naidu, Consultant - Internal Medicine, Sagar Hospitals.**

Dr Channaraya V, Consultant - Internal Medicine, Sagar Hospitals said, *"With the increasing life expectancy and prevalence of lifestyle diseases, there has been an increase in diabetes in India. There is a huge population who needs to be treated, therefore there is a need for specialized facilities and treatment in most areas of the country. The techniques used for the treatment of such ailments need specialized intervention with diagnostics, evaluation and methods. Our aim is to provide patients best facilities in every possible way."*