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Global Hospitals successfully perform Bypass Grafting on a 21-year old boy

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A patient is required to go through CABG when there is a blockage or narrowing of one or more of the coronary arteries.

Global Hospitals, Mumbai, a multi super specialty tertiary care hospital has successfully performed CABG (Coronary Artery Bypass Grafting) on a 21 year old boy.

Saurabh Maphuskar, a 21 year old boy from Lalbaug, Parel underwent a Coronary Artery Bypass Grafting (CABG) at Global Hospitals, Parel, Mumbai.

The surgery was performed by Dr. Hamdulay and the angiography was conducted by Dr. Praveen Kulkarni. A patient is required to go through CABG when there is a blockage or narrowing of one or more of the coronary arteries.

Saurabh was suffering from Critical Triple Vessel Disease, which occurs when three major blood vessels are blocked. The patient was experiencing severe chest pain and shortness of breath when he was brought to the hospital.

The level of cholesterol in his blood shot up, as a result of which, the blood supply to his heart reduced.

With regard to the excessive intake of oily food, Dr. Hamdulay said “The current generation is fond of junk food which is the leading cause of such diseases. The patient had no family history of heart diseases. The cholesterol level in his blood was high. Therefore, from the reports we could conclude that this was the cause of this ailment. Saurabh will need to exercise rigorous dietary restrictions to avoid such a problem in future.”

Cardiologist Dr. Praveen Kulkarni quoted, “This case is among my youngest patients undergoing CABG. Initial evaluation had revealed extensive high level of blood cholesterol; this abnormal
cholesterol report explains the premature heart disease. This case should also be highlighted because a lot of naysayers are busy denying the link between blood cholesterol and heart diseases.”

Dietician, Dr. Zamrud Patel added, “The patient had bad dietary habits. Now we are counselling the patient for following a healthy lifestyle which he is eager to follow.”

The patient, Saurabh Maphuskar commented, “I am thankful to the doctors of Global Hospital for treating me successfully. I was shocked to discover about the high level of cholesterol and pre-mature
heart disease in the reports. I used to have a lot of junk food without really giving a thought to the harmful consequences. I have come to realize this the hard way, and I will control my food habits
strictly.”